St Mary's Sixth Form & Leadership Centre

Level 2 Courses

Sport & Physical Activity

Cambridge Technical in Sport & Physical Activity Technical Certificate (single) Technical Diploma (double)

STUDENTS WILL NEED

Students must have at least one GCSE grade 4 or equivalent. It will be advantageous if students have studied either GCSE PE or BTEC Sport Level 2.

STUDENTS WILL STUDY

Two externally marked written examinations

Unit 01 - Physical activity, health and wellbeing

Unit 02 - Physical preparation and readiness for sport and physical activity

There are another six units that are assignment based:

Unit 03 - Inclusivity, equality and diversity in delivering sport and physical activity

Unit 04 - Leading sport and physical activity sessions

Unit 05 - Customer service in sport & physical activity

Unit 06 - Components and principles of fitness training for sport and physical activity

Unit 07 - Practical sport

Unit 08 - Assisting sports coaching

ASSESSMENT

Students are assessed using two written examinations and moderated assignments Units 1 and 2 written exam (25%). Units 1 and 2 can be resat once before the end of the qualification. The other six units are assignment based and moderated by the exam board (75%).

POTENTIAL SECTORS OF EMPLOYMENT

- Sporting Futures Apprentice
- Leisure, training and tourism
- Preparation for life after work
- Retail and commercial enterprise