St Mary's Sixth Form & Leadership Centre

Level 2 Courses

Sport & Physical Activity

OCR

CAMBRIDGE TECHNICAL

STUDENTS WILL NEED

Students will be expected to have one GCSE grade 4 and be following the Access pathway.

STUDENTS WILL STUDY

Physical Activity, Health and Wellbeing
Physical Preparation and Readiness for Sport and Physical Activity
Inclusivity, Equality and Diversity in Delivering Sport and Physical Activity
Leading Sport and Physical Activity Sessions
Customer Service in Sport and Physical Activity
Components and Principles of Fitness Training for Sport and Physical Activity
Practical Sport
Assisting Sports Coaching

ASSESSMENT

2 x Written exams (Unit 1& 2) 6 x Coursework units (Unit 3,4,5,6,7,8)

POTENTIAL SECTORS OF EMPLOYMENT

Retail and Commercial Enterprise Leisure, Training and Tourism Preparation for Life and Work