

# Curriculum Map 2021/2022



## Year 10 PSHCE

We are the 'rich soil in which seeds flourish and roots grow'. Therefore, our PSHCE curriculum at St Mary's is designed so pupils develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepared for life and work after leaving school. It is designed to have an impact on both academic and non-academic outcomes for pupils, allowing all our students the chance to flourish and grow in all aspects of life. Our vision for PSHCE lessons are that they enable students to make informed life choices outside of the classroom when in their local communities.

Our programme of study aims to develop skills and attributes such as resilience, self-esteem, risk-management, team working and critical thinking in the context of four core themes: Living in the wider world, Relationships and sex education, Citizenship and British values and physical and mental wellbeing. Our curriculum takes our students on a journey building on previous lessons as they move through Key Stage 3 and into Key Stage 4. Key Stage 3 pupils receive one hour per week timetabled PSHCE lesson and KS4 PSHCE is taught through a 20 minute session in tutorial time each week.

| Term         | Autumn Term 1  | Autumn Term 2                           | Spring Term 1  | Spring Term 2  | Summer Term 1                                  | Summer Term 2                          |
|--------------|--|---|--|--|--|--|
| Concept      | Physical and Mental Wellbeing                          | Relationships and Sex Education         | RSE and Living in the Wider World                          | Living in the Wider World and Citizenship and British Values | Citizenship and British Values                 | Citizenship and British Values         |
| SOL Question | <b>How can I keep physically and mentally healthy?</b> | <b>Why are relationships important?</b> | <b>How should I participate in the wider world online?</b> | <b>How do citizens vote?</b>                                 | <b>How can I be a positive active citizen?</b> | <b>What laws should citizens obey?</b> |
|              | <b>7 weeks</b>   | <b>7 weeks</b>                          | <b>6 weeks</b>   | <b>6 weeks</b>   | <b>6weeks</b>                                  | <b>7 weeks</b>                         |

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|  | <p><b>Unit 6: Your Healthy Body</b></p> <ol style="list-style-type: none"> <li>1. Keeping physically healthy</li> <li>2. Your self-image</li> <li>3. First aid</li> </ol> <p><b>Unit 7: Your Healthy Mind</b></p> <ol style="list-style-type: none"> <li>1. Mental Health</li> <li>2. Exam stress</li> </ol> <p>6 &amp; 7. Complete any missed lessons/assess students learning from units via discussion.</p> | <p><b>Unit 1: You and your life</b></p> <ol style="list-style-type: none"> <li>1. Knowing ourselves</li> <li>2. Families</li> </ol> <p><b>Unit 2: you and your relationships</b></p> <ol style="list-style-type: none"> <li>1. Respecting others</li> <li>2. Healthy relationships and dating</li> <li>3. Unhealthy relationships</li> </ol> <p>6 &amp; 7. Complete any missed lessons/assess students learning from units via discussion.</p> | <p><b>Unit 11: Sexuality and gender identity</b></p> <ol style="list-style-type: none"> <li>1. Gender</li> <li>2. Sexuality</li> </ol> <p><b>Unit 13: You online</b></p> <ol style="list-style-type: none"> <li>1. Our online lives</li> <li>2. Online bullying</li> </ol> <p>5 &amp; 6. Complete any missed lessons/assess students learning from units via discussion.</p> | <p><b>Unit 14: You as a consumer</b></p> <ol style="list-style-type: none"> <li>1. Consumer rights advice and awareness.</li> <li>2. Advertising, data and consumer ethics.</li> </ol> <p><b>Unit 4: You and your values</b></p> <ol style="list-style-type: none"> <li>1. Voting systems and elections</li> <li>2. Pressure groups</li> </ol> <p>5 &amp; 6. Complete any missed lessons/assess students learning from units via discussion.</p> | <p><b>Unit 8: You and your money</b></p> <ol style="list-style-type: none"> <li>1. Getting paid</li> <li>2. Becoming financially independent</li> </ol> <p><b>Unit 15 : You and the future of our planet</b></p> <ol style="list-style-type: none"> <li>1. You and the environment</li> <li>2: Power and pollution</li> </ol> <p>5 &amp; 6. Complete any missed lessons/assess students learning from units via discussion.</p> | <p><b>Unit 17: You and the law</b></p> <ol style="list-style-type: none"> <li>1. How laws affect your life</li> <li>2. You and the police</li> </ol> <p><b>Unit 19: You and the global economy</b></p> <ol style="list-style-type: none"> <li>1. You and economic issues</li> <li>2. The world trade organisation</li> </ol> <p>5, 6 &amp; 7. Complete any missed lessons/assess students learning from units via discussion.</p> |
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