

Curriculum Map 2021/2022



Year 9 PSHCE

We are the 'rich soil in which seeds flourish and roots grow'. Therefore, our PSHCE curriculum at St Mary's is designed so pupils develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepared for life and work after leaving school. It is designed to have an impact on both academic and non-academic outcomes for pupils, allowing all our students the chance to flourish and grow in all aspects of life. Our vision for PSHCE lessons are that they enable students to make informed life choices outside of the classroom when in their local communities.

Our programme of study aims to develop skills and attributes such as resilience, self-esteem, risk-management, team working and critical thinking in the context of four core themes: Living in the wider world, Relationships and sex education, Citizenship and British values and physical and mental wellbeing. Our curriculum takes our students on a journey building on previous lessons as they move through Key Stage 3 and into Key Stage 4. Key Stage 3 pupils receive one hour per week timetabled PSHCE lesson and KS4 PSHCE is taught through a 20 minute session in tutorial time each week.

Term	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1
Concept	Physical and Mental Wellbeing	Relationships and Sex Education	Relationships and Sex Education	Living in the wider world	Citizenship
SOL Question	What choices can I make to prevent illness?	What choices can I make to protect my sexual health?	What relationship choices are lawful?	What choices, rights and responsibilities do I have online?	What choices does the law offer us about Citizenship?

	Health and prevention	Intimate and sexual relationships including sexual health	Respectful relationships and friendships	Online and media	Citizenship
	<p>7 lessons</p> <ol style="list-style-type: none"> 1. Why are immunisations and health checks so important? 2. Why are antibiotics so important? 3. What are the causes and effects of allergic reactions? 4. How can you look after your skin? 5. How should you care for your teeth, ears and eyes? 6. How should you care for your feet and back? 7. What should you consider before getting a tattoo or piercing? 	<p>7 lessons</p> <ol style="list-style-type: none"> 1. Why is consent so important? 2. What are STI's? 3. What are the symptoms of STI's? 4. What is Pregnancy? 5. What choices are available during pregnancy? 6. Contraception: What are the choices? 7. Assessment lesson 	<p>6 lessons</p> <ol style="list-style-type: none"> 1. Why is violence against women and sexual harassment such a concern? 2. How are LGBT+ rights protected by law? 3. Why is the equality act of 2010 significant? 4. What should everyone know about forced marriage, honour based violence and FGM? 5. What should everyone understand about gender identity? 6. Why is grooming and coercion unlawful? 	<p>6 lessons</p> <ol style="list-style-type: none"> 1. Why is sexting not a laughing matter? 2. What are the risks associated with pornography? 3. How should I use social media responsibly? 4. Why is it important to use your mobile phone responsibly? 5. How can you spot fake news online? 6. How can you report inappropriate material online? 	<p>6 lessons.</p> <ol style="list-style-type: none"> 1. Why should we be concerned with extremism and radicalisation? 2. How does the law protect us from hate crime? 3. Why are gangs and knife crime concerning? 4. Why is budgeting important? 5. How can I reduce financial risk? 6. Assessment lesson