

St Mary's CE High School Curriculum Map 2022-23



Subject: PSHCE
Year: 10

	Autumn 1a	Autumn 1b	Spring 2a	Spring 2b	Summer 3a	Summer 3b
CONTENT	<p>Physical and mental wellbeing:</p> <p>Lesson themes :</p> <ol style="list-style-type: none"> 1. Keeping physically healthy 2. Your self-image 3. first aid 4. Mental health 5. Exam stress 	<p>Relationships and sex education</p> <p>Lesson themes :</p> <ol style="list-style-type: none"> 1. knowing ourselves 2. families 3. respecting others 4. healthy relationships and dating <p>unhealthy relationships</p>	<p>RSE and Living in the wider world</p> <p>Lesson themes :</p> <ol style="list-style-type: none"> 1. Gender 2. Sexuality 3. our online lives 4. online bullying 	<p>Living in the wider world and Citizenship and British Values</p> <p>Lesson themes:</p> <ol style="list-style-type: none"> 1. Consumer rights advice and awareness. 2. Advertising, data and consumer ethics. 3. Voting systems and elections 4. Pressure groups 	<p>Citizenship and British Values</p> <p>Lesson themes:</p> <ol style="list-style-type: none"> 1. Getting paid 2. Becoming financially independent 3. You and the environment 4. Power and pollution 	<p>Students start GCSE option choices</p>
Skills	<p>Decision making Critical thinking and reflection Working with others</p> <p>Enquiry skills</p>	<p>Decision making Critical thinking and reflection Working with others</p> <p>Enquiry skills</p>	<p>Decision making Critical thinking and reflection Working with others</p> <p>Enquiry skills</p>	<p>Decision making Critical thinking and reflection Working with others</p> <p>Enquiry skills</p>	<p>Decision making Critical thinking and reflection Working with others</p> <p>Enquiry skills</p>	
Key Questions	How can I keep physically and mentally healthy?	Why are relationships important?	How should I participate in the wider world online?	How do Citizens vote?	How can I be a positive active citizen?	
Assessment	Continuous formative assessment by form tutors	Continuous formative assessment by form	Continuous formative assessment by form	Continuous formative assessment by form tutors	Continuous formative assessment by form	

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	throughout the term by means of discussion and targeted questioning.	tutors throughout the term by means of discussion and targeted questioning.	tutors throughout the term by means of discussion and targeted questioning.	throughout the term by means of discussion and targeted questioning.	tutors throughout the term by means of discussion and targeted questioning.	
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