St Mary's CE High School Curriculum Map 2022-23

Subject: PSHCE Year: 7



	Autumn 1a	Autumn 1b	Spring 2a	Spring 2b	Summer 3a	Summer 3b
CONTENT	Physical and mental	Physical and mental	Relationships and Sex	Relationships and Sex	Living in the wider	Citizenship and British
	wellbeing:	wellbeing :	education	education	world	Values
	Lesson key questions:	Lesson key questions:	Lesson Key questions:	Lesson Key questions:	Lesson key questions:	Lesson Key questions:
	1. What's all about me?	1. How can we eat	1. What is the	1. What are the	1. How can I	1. What is the role of
	2. Am I my own worst	healthily?	menstrual cycle?	characteristics of a	ensure personal safety	the monarch?
	enemy?	2. How can food affect	2. What facts do I	respectful relationship?	online?	2. What is the role of
	3. How can I deal with	your weight?	need to know about	2. How can stereotyping	What is the link	parliament?
	unhelpful thoughts?	3. What are the dangers	periods?	damage respectful	between social media	3. What is the role of
	4. What is happiness linked	associated with energy	3. What changes	relationships?	and body image?	political parties?
	to?	drinks?	occur during puberty?	3. Why is it important to	3. What are the	4. Why is Democracy
	5. How can we recognise	4. Why are food labels	4. How can my	treat people with respect?	risks associated with	so important?
	the signs of mental	important?	mood be affected by	4. Why is bullying	online gambling?	5. How do elections
	wellbeing concerns?	5. What causes tooth	puberty?	disrespectful?	4. What is	and the voting system
	6. What are anxiety and	decay?	5. What emotional	5. What types of behaviour	cyberbullying?	work?
	Depression?	6. What are the links	challenges can puberty	in relationships are	5. How can you	6. What liberties do we
	7. What activities can	between food and	bring?	disrespectful?	protect your identity	enjoy as citizens of the
	improve mental wellbeing?	cancer?	6. How can	6. How does the Equality Act	online?	U.K?
	, , , , , , , , , , , , ,	7. Assessment lesson	puberty impact your	2010 help develop	6. How can you	7. Assessment lesson.
			physical health?	respectful relationships?	identify harmful	
			p.r.yo.car r.carc	- copectar relationships.	behaviours online?	
Skills	Decision making	Decision making	Decision making	Decision making	Decision making	Decision making
	Critical thinking and	Critical thinking and	Critical thinking and	Critical thinking and	Critical thinking and	Critical thinking and
	reflection	reflection	reflection	reflection	reflection	reflection
	Working with others	Working with others	Working with others	Working with others	Working with others	Working with others
	Enquiry skills	Enquiry skills	Enquiry skills	Enquiry skills	Enquiry skills	Enquiry skills
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Key Questions	Am I my own worst enemy? What choices do I have regarding mental health?	What informed choices can I make about my eating habits?	What changes will my body go through and what choices might I face?	What choices should I consider when developing respectful relationships?	What choices will I face when using the internet?	What choices does our political system offer us?
Assessment	Half termly formative assessment answering the Key Question: What choices do I have regarding mental health? Students demonstrate their understanding of the unit by answering the enquiry question in a format of their choice including bullet points, mind maps and or written paragraph answers.	Half termly formative assessment answering the Key Question: What informed choices can I make about my eating habits? Students demonstrate their understanding of the unit by answering the enquiry question in a format of their choice including bullet points, mind maps and or written paragraph answers. Summative assessment: 15 mark fact based test based on the terms learning.	Half termly formative assessment answering the Key Question: What changes will my body go through and what choices might I face? Students demonstrate their understanding of the unit by answering the enquiry question in a format of their choice including bullet points, mind maps and or written paragraph answers.	Half termly formative assessment answering the Key Question: What choices should I consider when developing respectful relationships? Students demonstrate their understanding of the unit by answering the enquiry question in a format of their choice including bullet points, mind maps and or written paragraph answers.	Half termly formative assessment answering the Key Question: What choices will I face when using the internet? Students demonstrate their understanding of the unit by answering the enquiry question in a format of their choice including bullet points, mind maps and or written paragraph answers.	Half termly formative assessment answering the Key Question: What choices does our political system offer us? Students demonstrate their understanding of the unit by answering the enquiry question in a format of their choice including bullet points, mind maps and or written paragraph answers. Summative assessment: 15 mark fact based test based on the previous terms learning.