Broxbourne Cost of Living Directory

Version 2 - 24 November 2022

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Food Aid

Broxbourne Foodbank

Warehouse 18 Fairways, New River Trading Estate, Cheshunt, EN8 0NJ. 10am-3pm Wormley Free Church, Slipe Lane, Wormley EN10 6AA. Monday to Friday 4pm-5pm St Joseph's Church Hall, Waltham Cross EN8 7DP. Wednesday 1.30pm-2.30pm

Telephone: 07943 986261

Email: <u>infobroxbourne.foodbank@gmail.com</u> Website: www.broxbournefoodbank.org.uk

Broxbourne Foodbank works on a referral system. Referrals can be made by any agency that is supporting individuals and families in food poverty.

Agencies need to phone the foodbank with the referral, and we then make up the food parcels for the service user to collect.

The Food Pantry (Hearts Helping Herts CIO)

Rosedale Community Church (Andrews Lane, Cheshunt EN7 6BG) Telephone: 07961088788 Email: <u>info@heartshelpingherts.org</u> Website: <u>www.heartshelpingherts.com</u> The last Tuesday of every month between 1:30-3:30pm

The Food Pantry service offers 'fresh food' donations to Broxbourne residents in need – we also include a free sandwich and a cuppa on our craft table for those who would like to stay and socialise.

The OK Foundation: Food Pantry

Goffs Oak Methodist Church, Newgatestreet Road, Goffs Oak EN7 5SS Telephone: 07483 172781 Email: <u>info@goffsoakmethodistchurch.org.uk</u> Website: <u>www.goffsoakmethodistchurch.org.uk/Welcome.html or okfoundation.org</u> Wednesdays, 1pm–3pm Fresh and ambient food and household essentials to help with the rising cost of living. Open to everyone.

Porch Pantry (Christ Church Waltham Cross)

Christ Church, Trinity Lane, Waltham Cross, EN8 7ED Telephone: 07545 462189 Email: <u>vicarccwc@gmail.com</u> Website: <u>www.christchurchwx.com</u> Monday - Thursday 8:30am-5:30pm. Sunday 8:30am-11am.

Porch Pantry provides free food and hygiene essentials for anyone who needs it, it is completely anonymous and available throughout the day for people to come and take. If the porch is empty it is restocked at intervals throughout the day, you can also phone the number and we can assist you. All welcome, just take as required but be considerate of others.

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Wormley Free Church Drop-In Lunch

Wormley Free Church, Slipe Lane, Wormley EN10 6AA. Telephone: 01992 410217 Email: <u>ben@wormleyfreechurch.org.uk</u> Website: <u>www.wormleyfreechurch.org.uk</u> Tuesdays 1pm-2.30pm

Join us on Tuesdays for a light lunch, conversation, and maybe a game of dominoes! Suggested donation of £2 for those that are able.

Energy Bills

GATE Herts

Suite G5 Cuffley Place, Cuffley EN6 4SG Telephone: 01707 247088 Email: <u>manager@gateherts.org.uk</u> Website: https://gateherts.org.uk

Mondays to Fridays, 9.30am–5pm

GATE (Gypsy and Traveller Empowerment) Herts is a charity based in Hertfordshire which is set up to advocate, represent and support Gypsy Roma and Traveller people across Hertfordshire. The charity has secured a pot of funding for energy support vouchers for Gypsies and Travellers living on sites, private developments, and in houses in Hertfordshire.

Warm spaces

The Beaumont Centre

6 Rowlands Fields, Cheshunt EN8 9BG Telephone: 01992 633241 Email: <u>celiacarne@hotmail.co.uk</u> Mondays to Fridays, 10am–4 pm Tea and coffee available for 50p. Activities include arts and crafts, bingo, dance and music. Two course hot lunch available for £5 as an optional extra. Open to everyone.

Christ Church, Waltham Cross

Trinity Lane, Waltham Cross EN8 7GA Telephone: 07545 462189 Email: <u>revteresawynne@gmail.com</u> Website: <u>www.christchurchwx.com</u> Wednesdays 2:30pm-4:30pm

Warm Space, a drop in with warm drinks and snacks available in the church hall.

Community Alliance Broxbourne and East Herts

Community Skills Hub, Unit 9 Pavilions Shopping Centre, High Street, Waltham Cross, EN8 7JU Telephone: 0300 123 1034 Email: <u>sarah@communityalliancebh.org.uk</u> Website: <u>www.communityalliancebeh.org.uk</u> Tuesdays 9:30am-4:30pm, Thursdays 9:30am-4:30pm

A warm space with friendly staff, where you can come for a warm drink, chat, charge your phone and mix with other people

Goffs Oak Methodist Church: A coffee and a chat

Goffs Oak Methodist Church, Newgatestreet Road, Goffs Oak EN7 5SS Telephone: 07515 006040 Email: <u>info@goffsoakmethodistchurch.org.uk</u> Website: <u>www.goffsoakmethodistchurch.org.uk/Welcome.html</u> Wednesdays, 9.30am–3pm

Our doors are open to anyone and everyone. No hymns, no prayers, no preaching – just a warm welcome with a hot (or cold) drink and a biscuit.

Hoddesdon Baptist Church

Burford Street, Hoddesdon EN11 8HX Email: <u>ekdelasalle@gmail.com</u> Wednesdays, 10am–3.30pm

Warm space, free, welcoming, safe. Free hot drinks, and soup and sandwich lunch. Open to all.

Hoddesdon Methodist Church Middlefield Road, Hoddesdon, EN11 9DZ Email: <u>randfnewbold@btinternet.com</u> Mondays, 1pm-5pm

Warm space, free, welcoming, safe. Free hot drinks and biscuits

Knit and Natter and Lunch (Warm Space) (Community Alliance for Broxbourne and East Herts)

Nigel Copping Community Building, Sanville Gardens, Stanstead Abbotts, Herts, SG12 8GA Telephone: 0300 123 1034 Email: <u>emily@communityalliancebeh.org.uk</u> Website: <u>www.communityalliancebeh.org.uk</u> Fridays 10am-1pm

A free group open to anyone, from beginners to skilled. Come along to meet new people, be in a warm space and enjoy a hot drink and a small hot lunch with us.

One YMCA Family Support Service

High Trees Family Centre, Hertford Regional College, Turnford, Broxbourne, Broxbourne, EN10 6AE Telephone: 0300 123 7572 Email: <u>broxbourne.fcsenquiries@oneymca.org</u> Website: <u>https://www.hertsfamilycentres.org/contact/familycentres/broxbourne.aspx#</u> Wednesdays 3:30pm-5pm For families with children aged 0-11 years. An opportunity to stay warm a

For families with children aged 0-11 years. An opportunity to stay warm and connect with other families. No need to book just come along.

We will be offering hot drinks and food such as toast and soup.

There will be activities and games and a quiet cosy corner for children. There will also be tables for older siblings to do homework and for parents to sit and relax. There is also access to safe outdoor play areas.

Rosedale Community Church

Andrew's Lane, Cheshunt EN7 6LB Telephone: 01992 623835 Email: <u>admin@rosedalechurch.org</u> Website: <u>https://rosedalechurch.org</u> Wednesdays, 10am–3.30pm, beginning 9 November

Free hot drinks, and soup and sandwich lunch, or visitors are welcome to bring their own food in. Open to all. There will be a carpet with toys for children, board games for adults and eventually a Knit and Natter group.

St Augustine's Roman Catholic Church

Esdaile Lane, Hoddesdon EN11 8DS Email: <u>marybriggs61@yahoo.co.uk</u> Tuesdays, 2.30pm–5pm

Warm space, free, welcoming, safe. Free hot drinks, and soup. Open to all.

St Clements, Cheshunt Wash

Cheshunt Wash, Turnford, EN8 0LU Telephone: 01992 479882/ 07838 377357 Email: <u>vicaratstclements@gmail.com</u> Tuesdays 11am-3pm

A warm space, you are invited to drop in for warm drinks, soup and a roll.

St Cuthbert's Church Rye Park

Whitley Road, Hoddesdon EN11 0PU Telephone: 01992 466690 Email: <u>vicar@ryepark.com</u> Website: <u>www.ryepark.com</u> Thursdays, 10am–3.30pm

Warm space, free, welcoming, safe. Free hot drinks, and soup and sandwich lunch. Open to all.

St Joseph's Roman Catholic Church

St Joseph's Parish Centre, Eleanor Road, Waltham Cross EN8 7DW Email: <u>walthamcross@rcdow.org.uk</u> Mondays, 10am–3.30pm

Warm space, free, welcoming, safe. Free hot drinks, and soup and sandwich lunch. Open to all.

Digital inclusion

Access to Digital Equipment/One to One Training (Community Alliance Broxbourne and East Herts)

Community Skills Hub, Unit 9 Pavilions Shopping Centre, High Street, Waltham Cross, EN8 7JU Telephone: 0300 123 1034 Email: <u>sarah@communityalliancebh.org.uk</u> Website: <u>www.communityalliancebeh.org.uk</u> Tuesdays 9:30am-4:30pm, Thursdays 9:30am-4:30pm

Access to Laptops and support with IT through Digital Inclusion.

Good Things Foundation

This national initiative is working with Virgin Media 02 to provide free data to people this winter.

https://www.goodthingsfoundation.org/

Employment support

Job Centre – Universal Credit, employment and wellbeing support Waltham Cross Job Centre, 235 High Street, Waltham Cross EN8 7BA Employment support for anyone on Universal Credit or any other benefit. Focus on promoting community provision, including support around the cost of living crisis.

Job Club and CV Writing (Community Alliance Broxbourne and East Herts) Community Skills Hub, Unit 9 Pavilions Shopping Centre, High Street, Waltham Cross, EN8 7JU

Telephone: 0300 123 1034 Email: <u>sarah@communityalliancebh.org.uk</u> Website: <u>www.communityalliancebeh.org.uk</u> Tuesdays 9:30am-4:30pm, Thursdays 9:30am-4:30pm

Help and advice around updating your CV, looking at your transferable skills and applying for employment. Free access to IT equipment helping you to gain future employment.

Services for Young People (HCC) – Youth work projects / Information, Advice and Guidance for young people.

Broxbourne Access Point Project takes place at Cheshunt Young People's Centre, The Drill Hall, 178 Crossbrook Street, Cheshunt, Waltham Cross EN8 8JY (other youth projects take place at locations throughout the Borough – see website for details)

Telephone: 01992 588220

Email: sfyp.broxbourne@hertfordshire.gov.uk

Website: https://servicesforyoungpeople.org/

The Access Point Project takes place every Monday and Wednesday, 1–5pm. Other projects take place in Broxbourne throughout the week.

Services for Young People is part of Hertfordshire County Council and provides youth work projects, information, advice, guidance, work-related learning and wider support for young people in Hertfordshire. This is for young people who live or attend school in Hertfordshire and are aged 11 (Year 7) to 17 years old. We also work with care leavers, young adults with learning disabilities (LD) and some other vulnerable groups up to their 25th birthday.

Step2Skills

Offering a variety of projects for Hertfordshire residents (18+) with a disability/barrier looking for support in finding and sustaining paid employment or education/training opportunities

Email: employmentsupport@hertfordshire.gov.uk

Financial inclusion / Debt advice / Benefits advice

BCW Schools Partnership

Offered to families of children attending one of the Partnership schools -

Bonneygrove, Dewhurst St Mary CE, Fairfields, Holy Trinity, St Mary's CE High School and St Paul's Catholic) Telephone: 01992 412647 Email: <u>Alison.royce@st-maryshigh.herts.sch.uk</u> Website: <u>https://st-maryshigh.herts.sch.uk/family-support/</u>

BCW School Partnership offer home visits, one to one meetings and opportunities for parents to off load and find solutions to normal issues faced by families. Our trained staff assess needs and offer support, recognising that no two families are the same.

They work with a range of partners and agencies to support families to get the best out of family life. All work is free of charge to families and covers:

- A range of parenting support sessions
- Understanding and managing behavior
- Budgeting/finances
- Housing
- Support for your child with issues including managing
- anger, anxiety and keeping themselves safe
- Healthy lifestyles
- Attendance Issues

B3 Living

Scania House, 17 Amwell Street, Hoddesdon EN11 8TS Telephone: 01992 453700 Website: <u>www.b3living.org.uk</u>, live chat option Mondays to Fridays, 9 am – 5 pm

For B3 Living customers only. Referrals to Citizens Advice, Step Change, LEAP, Money Advice Service, support around food and fuel poverty. Independent living service (charges apply).

CHEXS

CVSBEH Community Skills Hub. 59 High Street, Waltham Cross, EN8 7JU Telephone: 07792 842587 Email: <u>lee@chexs.co.uk</u> Website: <u>www.chexs.co.uk</u>

CHEXS works within the local community, supporting families of children that attend our partnership schools, supporting homelife stresses as well as managing difficult behaviour with their children. Parents/carers are given advice and direction through face-to-face meetings, which can include helping access support with benefits, obtaining emergency grants, help with energy bills, for example accompanying them to local Post Office or amenities to top up energy supplies, reducing outgoings, resolving housing problems, and/or getting mental health support. We will also provide direct support as well as helping parents or carers access support from other agencies. We provide Foodbank vouchers for families and family support through face-to-face parenting workshops giving parents/carers opportunities to learn and strengthen their parenting skills.

We support the whole family through face to face meeetings and activities within Schools, home and community venues.

Citizens Advice Broxbourne

The Hub, 275 Holdbrook Court, Waltham Cross, Herts. EN8 7SL Telephone: 0808 278 7915 for advice / 0300 303 4417 General enquiries Website: <u>www.citizensadvicebroxbourne.org.uk</u> Email form via our website for advice or <u>admin@citizensadvicebroxbourne.org</u> for

general enquiries

Monday to Friday 9 am to 5 pm

For anyone living or working in the Borough of Broxbourne.

Citizens Advice Broxbourne helps people overcome their problems, and campaigns on big issues when their voices need to be heard. We provide independent, free, confidential and impartial advice to everybody regardless of race, gender, sexuality or disability. We can help with areas including benefits, money, family, health, housing, consumer, immigration, law and rights, and employment. We want to empower people to help themselves to the extent of their ability, and seek a future where the residents of Broxbourne are well informed and sufficiently confident to address their own advice needs and without the need for third party advocacy or representation.

Healthy Hub

Community Skills Hub, Unit 9 Pavilions Shopping Centre, High Street, Waltham Cross, EN8 7JU Telephone: 0300 123 1034 Email: <u>sarah@communityalliancebh.org.uk</u> Website: <u>www.communityalliancebeh.org.uk</u>

Tuesdays 09:30am – 4:30pm, Thursdays 9:30am-4:30pm

Access to Help and signposting around Wellbeing and Physical Health and Financial Advice

Isolation and loneliness

Baby and Toddler Group Christ Church, Trinity Lane, Waltham Cross, EN8 7ED Telephone: 07545 462189 Email: <u>vicarccwc@gmail.com</u> Website <u>www.christchurchwx.com</u> Thursdays 9am-11:30am

A space for babies and toddlers to play and socialise and a chance for adults to

meet others with small children. We provide toast, drinks and snacks too. Available on a drop in basis and a donation is welcome but not required.

Coffee, Tea and Toast

St Clements Church, Cheshunt Wash, Turnford, EN8 0XJ Telephone: 01992 479882/ 07838 377357 Email: <u>vicaratstclements@gmail.com</u> Thursdays 9-12pm

A warm welcome awaits you. Meet up with friends old and new, enjoy the local papers and book swap. Tea, coffee and Toast available (50p per item),

Knit and Natter

Community Skills Hub, Unit 9 Pavilions Shopping Centre, High Street, Waltham Cross, EN8 7JU Telephone: 0300 123 1034 Email: <u>sarah@communityalliancebh.org.uk</u> Website: <u>www.communityalliancebeh.org.uk</u> Thursdays 10am-1pm

A free group open to anyone, from beginners to skilled. Come along to meet new people, be in a warm space and enjoy a hot drink and snack with us

Wormley Community Centre

Fairfield Drive, Wormley EN10 6DX Telephone: 01992 217077 Email: <u>info@wtbiglocal.org.uk</u> Website: <u>www.wtbiglocal.org.uk</u>

We offer social activities for people of all ages to join including Tai Chi, social walks, dance, sewing and crafts and gardening on our two allotments.

Housebound residents

To be developed

Mental Health

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The Counselling Foundation

Bishops' College, Churchgate, Cheshunt EN8 9XQ

Telephone: 0300 303 6690

Email: foundation@counsellingfoundation.org

Website: www.counsellingfoundation.org

Appointments from 8am-8pm, Mondays to Fridays

The Counselling Foundation is a charity that has been providing training and counselling services since 1974. We are regulated by the BACP which ensures all our counsellors are bound by an ethical framework. Counselling sessions are conducted both online, via telephone or video, and in person in our Hertfordshire and/or Bedfordshire centres. We provide therapy for up to a year based on what the client wants and needs.

We believe counselling should be available to all, regardless of income, ethnicity, religion or other characteristics. Our fees are based on household income; we also have grants available for those who may struggle financially or are on benefits. If you need funding support, please speak to one of our administrators who will discuss

subsidised fee options that are available. Registration forms can be completed on our website or by calling us.

Meeting of Minds Social Group (Hearts Helping Herts CIO) Cedars Park, Theobalds Lane, Cheshunt EN8 8RU

Telephone: 07961088788 Email: <u>info@heartshelpingherts.org</u> Website: <u>www.heartshelpingherts.com</u> Every Tuesday (excluding the last Tuesday of the month). Meet at Cedars Park Café at 12:30. Project duration 12:30-2pm

The Meeting of Minds Social Group is for residents suffering with poor mental health e.g., anxiety, depression, and loneliness and/or for those simply in need of social interaction. *VIA REFERRALS ONLY*

Referrals and Signposting

Broxbourne Frontline

Website: <u>https://broxbourne.hertsfrontline.org.uk/</u> App: 'FRONTLINE REFERRALS' 24/7 access.

FREE one-stop-shop for professionals and the public to find local support and directly refer in - securely and quickly. The library of services is kept up to date and covers a wide spectrum of need, including emergency food support, fuel poverty, debt/benefits advice, low level mental health support and much more.

For further information or to add services to the directory, please contact Broxbourne Council's Community Development Team on <u>community@broxbourne.gov.uk</u>