

St Mary's CE High School Curriculum Map 23-24

Year 9 Personal Development



Our Vision: "Personal Development is the rich soil" in which seeds of resilience, enquiry, ambition, and citizenship flourish and roots grow, providing students with a nurturing environment to develop essential life skills, explore personal values, foster positive relationships, and navigate the complexities of the world around them. This scheme of learning aims to cultivate a holistic approach to Personal Development, nurturing students' growth, resilience, and well-being while empowering them to become active agents of positive change.

This statement emphasises the interconnectedness between Personal Development and the threads of resilience, enquiry, ambition, and citizenship. It highlights the role of Personal Development in providing a supportive and fertile environment for these threads to grow and thrive, enabling students to develop essential life skills. By integrating these elements into the scheme of learning, the goal is to empower students to become well-rounded individuals capable of navigating the complexities of the world and making a positive impact.

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		Autumn 1a	Autumn 1b	Spring 2a	Spring 2b	Summer 3a
CONTENT		Physical and mental wellbeing: Lesson key questions: 1. Why are immunisations and health checks so important? 2. Why are Antibiotics so important? 3. What are the causes and effects of allergic reactions? 4. How can you look after your skin? 5. How should you care for your teeth, ears and eyes? 6. How should you care for your feet and back? 7. What should you consider before getting a tattoo or piercing?	Relationships and Sex education Lesson key questions : 1. Why is consent so important? 2. What are STI's? 3. What are the symptoms of STI's? 4. What is Pregnancy? 5. What choices are available during pregnancy? 6. Contraception: What are the choices?	Relationships and Sex education Lesson Key questions: 1. Why is violence against women and sexual harassment such a concern? 2. How are LGBT+ rights protected by law? 3. Why is the equality act of 2010 significant? 4. What should everyone know about forced marriage, honour based violence and FGM? 5. What should everyone understand about gender identity?	Living in the wider world Lesson Key questions: 1. Why is sexting not a laughing matter? 2. What are the risks associated with pornography? 3. How should I use Social Media responsibly? 4. Why is it important to use your mobile phone responsibly? 5. How can you spot fake news online? 6. How can you report inappropriate material online?	Living in the wider world Lesson key questions: 1. Why should we be concerned with extremism and radicalisation? 2. How does the law protect us from hate crime? 3. Why are gangs and knife crime concerning? 4. Why is budgeting important? 5. How can I reduce financial risk? 6. Assessment lesson.

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			7. Assessment lesson	6. Why is grooming and coercion unlawful?		
Skills		Decision making Critical thinking and reflection Working with others Enquiry skills	Decision making Critical thinking and reflection Working with others Enquiry skills	Decision making Critical thinking and reflection Working with others Enquiry skills	Decision making Critical thinking and reflection Working with others Enquiry skills	Decision making Critical thinking and reflection Working with others Enquiry skills
Key Questions		What choices can I make to prevent illness?	What choices can I make to protect my sexual health?	What relationship choices are lawful?	What choices, rights and responsibilities do I have online?	What choices does the law offer us about Citizenship?
Assessment		Half termly formative assessment answering the Key Question: What choices can I make to prevent illness? Students demonstrate their understanding of the unit by	Half termly formative assessment answering the Key Question: What choices can I make to protect my sexual health? Students demonstrate their understanding of	Half termly formative assessment answering the Key Question: What relationship choices are lawful? Students demonstrate their understanding of the	Half termly formative assessment answering the Key Question: What choices rights and responsibilities do I have online?	Half termly formative assessment answering the Key Question: What choices does the law offer us about citizenship? Students demonstrate their understanding of the unit by

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		<p>answering the enquiry question in a format of their choice including bullet points, mind maps and or written paragraph answers.</p>	<p>the unit by answering the enquiry question in a format of their choice including bullet points, mind maps and or written paragraph answers.</p> <p>Summative assessment:</p> <p>25 mark fact based test based on the terms learning.</p>	<p>unit by answering the enquiry question in a format of their choice including bullet points, mind maps and or written paragraph answers.</p>	<p>Students demonstrate their understanding of the unit by answering the enquiry question in a format of their choice including bullet points, mind maps and or written paragraph answers.</p>	<p>by answering the enquiry question in a format of their choice including bullet points, mind maps and or written paragraph answers.</p> <p>Summative assessment:</p> <p>25 mark fact based test based on the terms learning.</p>
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