

# TALKING ADDITIONAL NEEDS



**Mondays 8.00-9.30pm** Online Course: ID 675  
**16th September - 21st October 2024**  
Our online support sessions are delivered weekly via Zoom.

**Wednesdays 9.30-11.30am** ST ALBANS Course: ID 676  
**6th November - 11th December 2024**  
Venue: St Albans (to be confirmed)

**A 6-week group for parents and carers of children with any additional need from 2-25. Your child does not need a diagnosis to join.**

- **Understand your child's behaviour.**
- **Develop strategies that really work.**
- **Reduce conflict, anger and arguments.**
- **Improve Emotional Regulation**
- **Explore sensory needs.**
- **Motivate, encourage and support your child.**
- **Increase your child's resilience.**
- **Manage the different needs within your family.**

**Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.**

*'I have been on a few courses to help me with my son, this was by far the most helpful.'*

**Booking essential**

**Please quote the course ID**

**To check eligibility and book a place, contact Supporting Links on:**

**07512 709556**

**[bookings@supportinglinks.co.uk](mailto:bookings@supportinglinks.co.uk)**

**[www.supportinglinks.co.uk](http://www.supportinglinks.co.uk)**



These courses are provided free to parents by Hertfordshire County Council's Targeted Parenting Fund



Information you share with us is used to process your booking. This will be held securely and only shared in accordance with our GDPR Policy.