

Document: Curriculum Map 2024 25



Subject: Personal Development Year: 11

*"Personal Development is the rich soil" in which seeds of resilience, enquiry, ambition, and citizenship flourish. This scheme of learning aims to cultivate a holistic approach to PSHE, nurturing students' growth, resilience, and well-being while empowering them to become active agents of positive change.*

	Autumn 1 Health	Autumn 2 Relationships and Sex Education- Statutory RSE	Spring 1 Living in the Wider World	Spring 2 Living in the Wider World and Citizenship Values	Summer 1 Students revising in form time	Summer 2 Students on Study Leave
CONTENT	<b>Mental and Physical Health</b> <ul style="list-style-type: none"> <li>• Links between substance abuse and physical/mental health</li> <li>• Various reactions to drugs</li> <li>• Implications of withdrawal system</li> </ul>	<b>Healthy Relationships (RSE)</b> <ul style="list-style-type: none"> <li>• Responsibilities within a sexual relationship</li> <li>• Risks associated with sexually explicit content</li> <li>• Impacts of sexually explicit content on self-image</li> <li>• Consequences of distributing sexual content</li> <li>• Recognising and preventing sexual violence</li> </ul>	<b>Financial Literacy</b> <ul style="list-style-type: none"> <li>• What is financial literacy?</li> <li>• Taxes and the impacts on finances</li> <li>• Effective money management</li> <li>• Introduction into mortgages</li> <li>• Credit and Debit cards on Credit Scores</li> </ul>	<b>Sustainability</b> <ul style="list-style-type: none"> <li>• Being an active agent in environmental changes</li> <li>• Reducing carbon foot print</li> <li>• Benefits of sustainable living</li> <li>• Biodiversity on ecosystems</li> <li>• Global environmental challenges</li> </ul>		
Skills/ concepts	Physical and Mental Well-being  Personal Education Disciplinary Knowledge: Resilience	Relationships and Sex Education (RSE)  Health and Social Development  Disciplinary Knowledge: Enquiry	Living in the Wider World  Economic and Social Education  Disciplinary Knowledge: Enquiry/Citizenship	Living in the Wider World and Citizenship Values  Social Education  Disciplinary Knowledge: Enquiry Ambition Citizenship		

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Key Questions	How can we promote and prioritize mental well-being in ourselves and others?	How can we make informed and responsible choices in our sexual relationships and digital interactions?	How can financial literacy empower me to make informed money choices?	How Can I Contribute to the Future of Our Planet?
Assessment	Formative assessment in terms of discussion is the only expected assessment for lessons.	Formative assessment in terms of discussion is the only expected assessment for lessons.	Formative assessment in terms of discussion is the only expected assessment for lessons.	Formative assessment in terms of discussion is the only expected assessment for lessons.